Using your brain What are the <u>benefits</u> to this decision? How will this procedure benefit the labour, myself or my baby? What are <u>risks</u> associated with this procedure? How could it negatively affect my labour, myself or my baby? What are the <u>alternatives</u> to this procedure? Are there other options which may have the same results? What does my <u>intuitive knowledge</u> tell me? What is my <u>intuition</u> telling me? What happens if we did <u>nothing</u>? Can we choose <u>not</u> to do anything? Do we have to do it <u>now</u>? Risks Benefits Alternatives Intuition Noithing